

Food Services Director: Jennifer Wilinsky
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Please check the District Website, Food Services Tab to learn more.

Sign Up for SchoolCafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



Reading School District Middle School Breakfast Menu February 2024



Meal Prices
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00

 Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice.	Monday	Tuesday	Wednesday	Thursday	Friday
				1-Feb	2-Feb
				Mini Pancake Bites Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Cinnamon Toast Crunch Filled Bar Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
Daily Juice Variety: Only 1 Juice Allowed w/Meal Apple Juice Grape Juice Fruit Punch Orange Juice	WG Chocolate or Powdered Donut Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	Apple Cinnamon French Toast Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Banana Bread Slice Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Waffles Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
	Muffin & Yogurt Cup Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Cinnis Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Pancake Bites Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	No School
	19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
 Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries Grapes ** Fruit & Vegetable Provided Depend On Availability	WG Chocolate or Powdered Donut Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	Apple Cinnamon French Toast Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Banana Bread Slice Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Waffles Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	26-Feb	27-Feb	28-Feb	29-Feb	
	Muffin & Yogurt Cup Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Cinnis Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Pancake Bites Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	
 HEALTHY EATING					

The Knight Breakfast Meal Deal
 * Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal!
Choose ONE Entree:
 Daily Entree Special
Choose up to TWO Sides of Fruit:
 Fresh Fruit
 Fruit Cup
 Fruit Juice (only 1 serving)
 Menu is subject to Change
 The institution is an equal opportunity provider.

